









Heather J. Roberts, M.D.

A Medical Corporation

Dermatology & Dermatologic Surgery
Cosmetic & Laser Surgery

With so many fillers to choose from, deciding which filler is right for you is not always easy. This overview will help clarify the differences and similarities between various fillers to make your consultation with Dr. Roberts more meaningful.

 JUVÉDERM™ Ultra	<p>Hyaluronic acid based filler produced in a lab from a bacterial capsular source. Does not contain any lidocaine anesthetic so requires the use of a topical numbing agent beforehand and sometimes injections of anesthesia to minimize any discomfort during the procedure. Has a very soft, pliable and natural feel in the skin. Can be used to minimize fine lines around the lips, subtly redefine lost lip borders and restore more youthful contours along the jaw line. Softens moderately deep lines and folds around the nose, cheeks and chin too. May cause mild to moderate downtime with redness and swelling for 3-5 days and occasional bruising for up to 7-14 days. Happily, results are lasting 6-12 months in most patients reducing the need for “touch ups” to once or twice a year in most cases.</p>
 JUVÉDERM™ Ultra Plus	<p>A hyaluronic acid based filler like Juvederm Ultra and Restylane, but with a slightly thicker viscosity. Can be used for moderately deep lines and folds. May cause mild redness and swelling for 3-5 days and occasional bruising for 7-14 days. The good news is results last 6-12 months in most patients, depending on the area treated and the volume of filler used.</p>
 Perlane®	<p>The newest kid on the block. A thicker version of Restylane with all the same potential downtime and anesthesia needs as Restylane. However, because it is thicker and more robust than Restylane, Perlane can be used for even more lifting and softening the deepest lines and furrows on the face. Flows very smoothly when injected and feels soft and natural in the skin. Experience to date in Europe suggests it should last as long as Restylane, 6-12 months.</p>
 Restylane®	<p>A hyaluronic acid based filler produced in a lab from a bacterial source like Juvederm Ultra . Requires a topical or injectable numbing agent to reduce discomfort during the procedure. Can cause mild to moderate swelling, redness and bruising like all hyaluronic acid fillers. Feels a little more robust than Juvederm Ultra which makes it a very useful filler when more lifting is needed especially around the cheeks, jowls and jaw line. Softens moderately deep lines and folds. Improvements last 6-12 months in most patients depending on the area(s) treated.</p>
 Cosmoderm®	<p>A human based collagen produced in a lab from newborn skin cell tissue cultures. Contains lidocaine in the syringe to numb the treated areas and reduce any discomfort during injections. Best used to soften fine lines and restore the natural border the lips. Causes minimal downtime after the procedure and last approximately 2-4 months depending on the area(s) treated. Can be used when you need to get right back to your life that day.</p>
 Cosmoplast®	<p>A human based collagen produced from the same tissue culture as Cosmoderm. Also contains lidocaine to numb the areas during treatment. Collagen is cross linked with glutaraldehyde which makes the product thicker and more robust. Used to treat and soften deeper folds and wrinkles, lift sagging jowls and mouth corners and enhance lips. Can be used to give a “non-surgical face lift” and restore the volume lost in the cheeks and chin. Causes minimal downtime like Cosmoderm which allows you to go right back to your busy life without delay! Results generally last 3-5 months in most patients, but actual results may vary depending on the area(s) treated.</p>