

FROM THE DR.'S DESK

Thermage Issue

I am so thrilled to introduce this section of our website with an update on “all that’s new” in **Thermage™**.



Before I share these latest advances, I would like to review the history behind my use of this technology. I first introduced Thermage into my practice over a year ago after several years of researching this and other tissue tightening devices. As I have already shared with many of you, when Thermage was first introduced in the late 1990’s, I was not impressed with the results and was hearing all the horror stories of patient discomfort and poor outcomes. At that time when “the word on the street” was not very favorable, the makers of Thermage went back to the drawing board.

As a testimony to their commitment to bring this technology to the forefront, the makers of Thermage did further research and testing to refine this technology and deliver results that both patients and physicians had hoped for.

Thermage was reintroduced around 2004 with new treatment tips and new treatment guidelines. Not only were patients able to tolerate the procedure with minimal discomfort, but the results were finally being seen.

This “new” low energy multiple pass treatment protocol continues to be the gold standard for tissue tightening in the industry.

Now for the really exciting news...Thermage has recently been updated again and further refined so that women and men of all skin types and ages can benefit from this non-surgical treatment on their face, lips, eyelids, necks, hands, arms, upper chest, stomachs, buttocks, and thighs.

Depending on the treatment tip used, it is now possible to not only lift and tighten the skin, but restore the youthful appearance of hands and lips, decrease fine lines including smoker’s lines around the mouth, give your eyes a more rested look, tighten pores, reduce acne scars, recontour the body, lift the buttocks, improve cellulite and older stretch marks and rejuvenate the skin by stimulating new collagen.





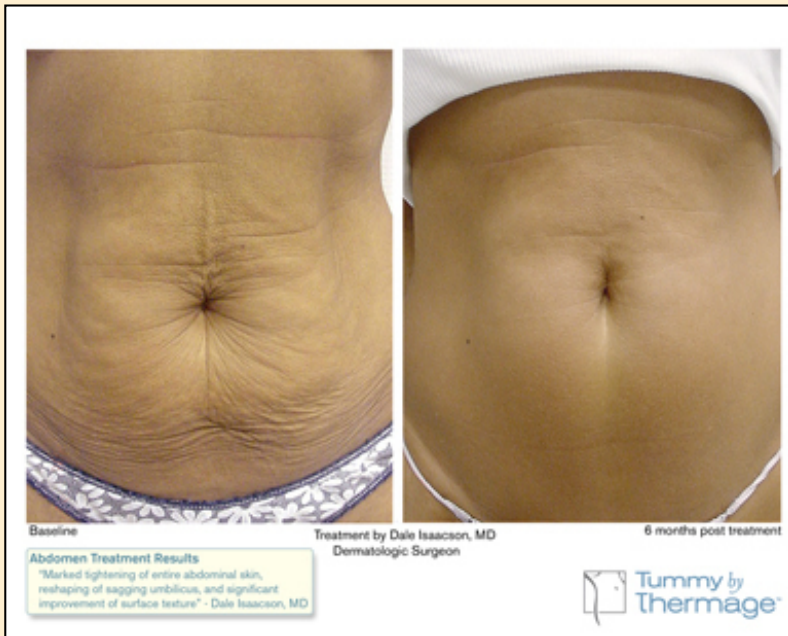
Hands by Thermage™

They say the hands and neck “give away” our true age. **Hands by Thermage™** can be combined with our Omnilight treatments to address the many signs of aging on the hands: brown spots/liver spots, prominent veins and tendons, thin wrinkly loose skin and hollows.



Lips by Thermage™

As we age, our lips get thinner, more wrinkled, paler and less defined. With **Lips by Thermage™**, both men and women can benefit from smoother defined, more youthful looking lips without the pain of needles or that overdone look. Fine lines around the mouth known as “smoker’s lines” can improve too. For those who “want it all”, Thermage lip treatments can safely be combined with fillers and Botox if needed.



Tummy by Thermage™ can be used once healed from liposuction, after having a baby or after weight loss to tighten loose sagging skin, improve skin tone and texture, reduce stretch marks and even contour the abdomen by reducing inches.

Another area of new information concerns the frequency of treatments. Many of you have asked me if repeat treatments are helpful and have already seen the benefits of your initial Thermage treatment; however, further clinical experience in this field does seem to support a benefit to periodic “touch ups” and re-treatments as needed. According to the latest data, depending on the patient and their particular skin and facial/body structure, treatments can be repeated anywhere from **2-3 times a year** to yearly or every other year to maintain your new youthful appearance and improved skin quality.

Some are even celebrating their birthdays each year with a Thermage touch up!

As mentioned, Thermage can be safely used with other rejuvenation procedures to maximize results.

The future of non-surgical skin care is here...**call for a Thermage consultation today.**