



Happy Holidays



From the office of Dr. Heather Roberts

Thermage, the Non-Surgical facelift

Thermage™ is a non-invasive procedure using radiofrequency energy to tighten and smooth skin on the face, neck, abdomen and practically anywhere on the body where there is loose, wrinkled skin. This procedure is great for contouring and defining a sagging jawline, improving wrinkles around the mouth and eyes and tightening a flabby tummy that is common after pregnancy. The treatment takes approximately an hour depending on the area being treated with no visible side effects or recovery time. Dr. Roberts has the newest version of the Thermage which is faster so your treatments are shorter for more convenience. Call the office for more details.



Brown Spots Be Gone!

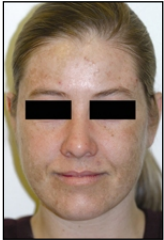
Cosmelan® Depigmentation treatment is the newest laser-free way to remove brown spots and improve acne. The treatment is a quick and easy facial procedure that improves melasma, sun spots and acne with an active ingredient that inhibits a basic enzyme in the melanin formation process. This treatment consists of a 3 step process including cleansing and prepping of the skin and application of the special Cosmelan® mask. The mask is washed off by the patient at home at the time recommended by the Doctor or Esthetician depending on your skin type and degree of pigmentation.

Winter Skin Care Tips

- *Don't forget to wear your sunscreen even on the slopes!! Try our SkinCeuticals SPF 45 or Neutrogena Heliosol 57.
- *No more blemishes!! Come in for a "quick fix" by getting a facial peel or Blu-U treatment to clear up unsightly acne in time for that special holiday party.
- *Reduce your chances of bruising and swelling by stopping blood thinners 2 weeks prior to Botox and Fillers.
- *Cold, dry, winter winds mean it's time to increase your use of moisturizers. Limit showers to less than 10 minutes and use gentle cleansers that will not over strip your skin of its natural oils.

Before

After



Make your life easier during the holidays by ordering products online www.drheatherroberts.com

Holiday Gift Ideas

- *For the sportsman who loves the outdoors pick up a Kinesys 30 SPF sunscreen in an easy spray bottle.
- *Skin Medica's TNS recovery complex will brighten her holiday AND her skin!
- *Pick up one of Oprah's favorites - the Clarisonic MD Professional Skin Care System.
- *Gift certificates always make a great gift!



Dr. Heather Roberts office (310) 477-4727



...And Best Wishes for a Happy New Year!!

Get a head start on summer.....

Schedule your Hair Removal Laser treatments now and you can be ready for those short skirts and bikinis by Memorial Day!

New products just in.....



Vivite contains a unique fusion of a glycolic compound and natural antioxidants with botanicals that promote overnight maintenance and repair of skin tissues. This extra rich formulation is best when applied every evening after cleansing the face.



Revaléskin is a natural super antioxidant face cream made with Coffeeberry®, the key ingredient derived from the fruit of the common coffee plant. This amazing cream helps reverse the signs of aging by reducing the appearance of fine lines, enhancing the skin tone and texture and improving redness and pigmentation.

New from Prescribed Solutions

- * **“Don’t Be So Sensitive”** is an oil-free sudsing cleanser with a rich pillowy lather that removes surface dirt and impurities but is gentle enough to be used on sensitive skin following laser procedures or photo dynamic therapy (PDT).
- * **“Surface Improvement”** is a gentle exfoliator that eliminates oils, grime, pollutants and dead skin cells. It polishes the skin to reveal the younger skin hidden below. Soothing botanical extracts create a refreshing cleanser suitable for all skin types.
- *The amazing **boosters** for acne, firming, hydration, rosacea, brightening, anti-scarring and more!



Epidermal Repair from Skinceuticals is specifically formulated for skin compromised by cosmetic procedures ranging from microdermabrasion to laser resurfacing as well as skin sensitized by acne therapy or harsh environmental aggressors. This therapeutic cream contains a pure concentrated form of the healing ingredients beta glucan and centella sciatica which provide barrier protection for traumatized skin while accelerating the biological processes involved in skin healing. Clinically demonstrated to reduce redness, calm and soothe skin, this cosmetically elegant formulation encourages healing during the critical period following rejuvenating procedures.

For more information on treatments and products check out our website

www.drheatherroberts.com

Don't forget to schedule your skin cancer screening!

Juvederm is the hot new filler that lasts 6 to 9 months. It's great for deeper wrinkles and contour deformities. Made from hyaluronic acid, something we all have naturally in our bodies, its safe and effective. Ask Dr. Roberts at your next "filler" appointment if Juvederm is right for you.

